Weekend and Evening Hours Available

Hours of Operation
Monday - Friday: 7:30a – 6:30p
Saturday: 7:30a – 11:00a
By appointment only

Follow us on Facebook

Our Providers:  (From Left to Right)
Ryan Lynch, MPT
Christine McLellan Asongelefac, DPT
Dr. Greg Nash
Kyle Jones, PTA
Dr. Nicole Gangl Perez
Dr. Alan Sokoloff

Team Chiropractors for:
Baltimore Ravens
University of MD Terps
Baltimore Orioles AA
UMBC Retrievers

Proudly serving Anne Arundel County for over 32 years

Exceptional Chiropractic and Physical Therapy Care

Yalich Clinic
331 Oak Manor Drive, Suite 101
Glen Burnie, MD 21061
P: 410.766.4878  F: 410.766.6619
www.yalich.com
The Yalich Clinic of Glen Burnie was founded in 1987 by Dr. Alan Sokoloff. “Dr. Sok,” as he is affectionately referred to by his patients, built a successful practice focusing on family oriented, comprehensive patient care. His passion for sports medicine and education continues to grow as the practice provides chiropractic care for multiple teams including the Baltimore Ravens and University of Maryland. In 2012, our outpatient facility grew under the direction of Ryan Lynch, MPT, to include traditional physical therapy service and more. The Yalich Clinic of Glen Burnie continues to be the premier chiropractic and rehabilitative facility in Anne Arundel County; it encompasses both disciplines of chiropractic and physical therapy working together for the best patient outcomes.

Commonly Treated Conditions

- Back and Neck Pain
- Car Accident & Work Injuries
- Chronic Pain to All Joints and Extremities
- Fall Prevention & Balance Training Vertigo
- Fibromyalgia
- Foot & Ankle Pain
- General Weakness & Neurological Disorders
- Headaches
- Pregnancy Related Neck, Back, and Leg Pain
- Lymphedema
- Shoulder & Knee Pain
- Sports Injuries
- Surgical Rehabilitation
- TMJ Dysfunction

“Our patients receive the same care in the clinic as The Ravens do on the field” - Dr. Sok

Specialized Techniques

The providers of the Yalich Clinic hold additional certifications in techniques designed to effectively treat physical issues including:

- Conservative Spinal Manipulation
- Dry Needling
- Graston Techniques
- Instrument Assisted Soft Tissue Mobilization
- Lymphedema Treatment; Upper Extremity
- Kinesio Taping
- Manual Soft Tissue Techniques
- TMJ Mobilization

Rehabilitation and Performance Therapy

Individualized treatment plans are developed to emphasize the patient’s functional and mobility goals. Some of our programs and treatment plans include:

- Cardiovascular Exercise
- Progressive Rehabilitation Exercise Programming
- Running / Gait Analysis
- TRX, Core Stability, Balance Exercises
- Weight Resistance Training